



Southampton

Unitary Authority

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Health Profile 2014

Health in summary

The health of people in Southampton is generally worse than the England average. Deprivation is higher than average and about 25.9% (10,600) children live in poverty. Life expectancy for men is lower than the England average.

Living longer

Life expectancy is 8.9 years lower for men and 4.5 years lower for women in the most deprived areas of Southampton than in the least deprived areas.

Child health

In Year 6, 20.3% (391) of children are classified as obese. The rate of alcohol-specific hospital stays among those under 18 was 77.2*, worse than the average for England. This represents 36 stays per year. Levels of teenage pregnancy, GCSE attainment and smoking at time of delivery are worse than the England average.

Adult health

In 2012, 25.1% of adults are classified as obese. The rate of alcohol related harm hospital stays was 726*, worse than the average for England. This represents 1,528 stays per year. The rate of self-harm hospital stays was 348.7*, worse than the average for England. This represents 899 stays per year. The rate of smoking related deaths was 325*, worse than the average for England. This represents 331 deaths per year. Estimated levels of adult smoking are worse than the England average. Rates of sexually transmitted infections and people killed and seriously injured on roads are worse than average.

Local priorities

Priorities in Southampton include tobacco control, teenage pregnancy, and alcohol and drugs. For more

information see

www.publichealth.southampton.gov.uk

* rate per 100,000 population



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Population: 239,000

Mid-2012 population estimate. Source: Office for National Statistics.

This profile gives a picture of people's health in Southampton. It is designed to help local government and health services understand their community's needs, so that they can work to

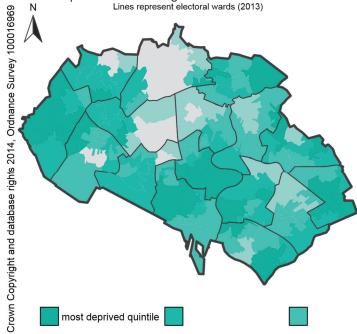
improve people's health and reduce health inequalities.

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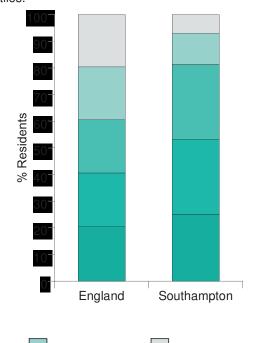


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The map shows differences in deprivation levels in this area based on national quintiles (fifths) of the Index of Multiple Deprivation 2010 by Lower Super Output Area. The darkest coloured areas are some of the most deprived areas in England.



This chart shows the percentage of the population in England and this area who live in each of these quintiles.



Life Expectancy: inequalities in this local authority

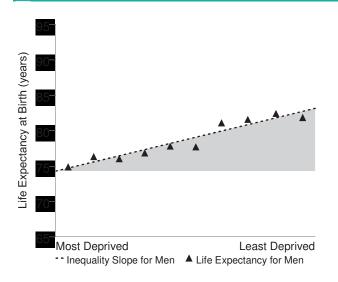
The charts below show life expectancy for men and women in this local authority for 2010-2012. Each chart is divided into deciles (tenths) by deprivation, from the most deprived decile on the left of the chart to the least

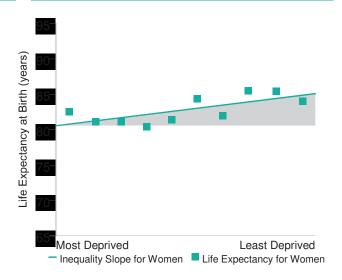
least deprived quintile

deprived decile on the right. The steepness of the slope represents the inequality in life expectancy that is related to deprivation in this local area. If there were no inequality in life expectancy as a result of deprivation, the line would be horizontal.

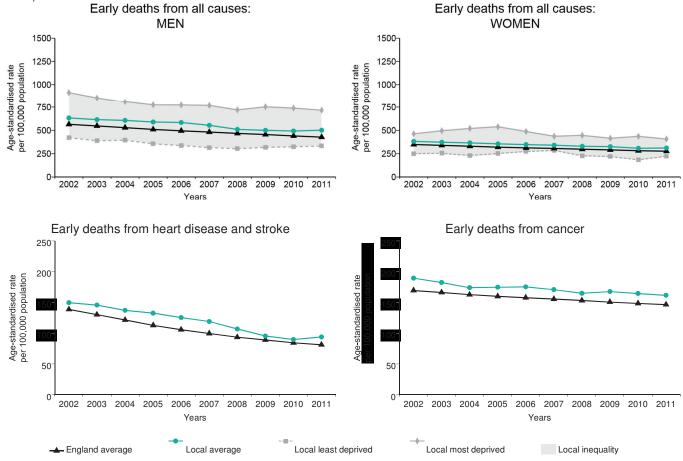
Life Expectancy Gap for Men: 8.9 years

Life Expectancy Gap for Women: 4.5 years

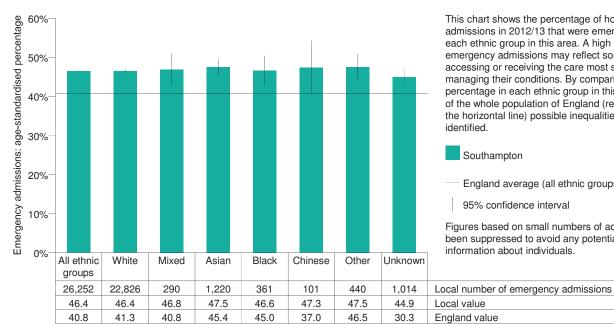




These charts provide a comparison of the changes in early death rates (in people under 75) between this area and all of England. Early deaths from all causes also show the differences between the most and least deprived quintile in this area. (Data points are the midpoints of 3 year averages of annual rates, for example 2005 represents the period 2004 to 2006).



Health inequalities: ethnicity



This chart shows the percentage of hospital admissions in 2012/13 that were emergencies for each ethnic group in this area. A high percentage of emergency admissions may reflect some patients not accessing or receiving the care most suited to managing their conditions. By comparing the percentage in each ethnic group in this area with that of the whole population of England (represented by the horizontal line) possible inequalities can be identified.

Southampton

England average (all ethnic groups)

95% confidence interval

Figures based on small numbers of admissions have been suppressed to avoid any potential disclosure of information about individuals.

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The chart below shows how the health of people in this area compares with the rest of England. This area's result for each indicator is shown as a circle. The average rate for England is shown by the black line, which is always at the centre of the chart. The range of results for all local areas in England is shown as a grey bar. A red circle means that this area is significantly worse than England for that indicator; however, a green circle may still indicate an important public health problem.

					Regional	average^	England Average	England
				England Worst		25th	75th	Best
		Local No	Local	Eng	Eng	Percentile	Percentile	Eng
Domain	n Indicator	Per Year	value		worst		England Range	best
Our communities	1 Deprivation	59,692	24.9	20.4	83.8			0.0
	2 Children in poverty (under 16s)	10,640	25.9	20.6	43.6			6.4
	3 Statutory homelessness	198	1.9	2.4	11.4		O	0.0
	4 GCSE achieved (5A*-C inc. Eng & Ma	aths) 1,210	58.1	60.8	38.1			81.9
	5 Violent crime (violence offences)	4,479	19.0	10.6	27.1			3.3
	6 Long term unemployment	1,098	6.6	9.9	32.6			1.3
Children's and young people's health	7 Smoking status at time of delivery	512	15.2	12.7	30.8			2.3
	8 Breastfeeding initiation	2,505	74.6	73.9	40.8		D	94.7
	9 Obese children (Year 6)	391	20.3	18.9	27.3		O	10.1
	10 Alcohol-specific hospital stays (under	18) 36	77.2	44.9	126.7			11.9
	11 Under 18 conceptions	129	34.3	27.7	52.0			8.8
Adults' health and lifestyle	12 Smoking prevalence	n/a	22.5	19.5	30.1			8.4
	13 Percentage of physically active adults	s n/a	56.0	56.0	43.8		\Q	68.5
	14 Obese adults	n/a	25.1	23.0	35.2		○ ◆	11.2
	15 Excess weight in adults	378	64.8	63.8	75.9		O	45.9
Disease and poor health	16 Incidence of malignant melanoma	34	16.5	14.8	31.8		()	3.6
	17 Hospital stays for self-harm	899	348.7	188.0	596.0			50.4
	18 Hospital stays for alcohol related harr	n 1,528	726	637	1,121			365
	19 Drug misuse	1,554	9.4	8.6	26.3			0.8
	20 Recorded diabetes	11,309	5.4	6.0	8.7			3.5
	21 Incidence of TB	39	16.5	15.1	112.3		\(\rightarrow\)	0.0
	22 Acute sexually transmitted infections	2,475	1,049	804	3,210		• •	162
	23 Hip fractures in people aged 65 and c	over 223	624	568	828		 ♦	403
Life expectancy and causes of death	24 Excess winter deaths (three year)	118	21.8	16.5	32.1		○ ♦	-3.0
	25 Life expectancy at birth (Male)	n/a	78.5	79.2	74.0			82.9
	26 Life expectancy at birth (Female)	n/a	82.7	83.0	79.5		○ ◆	86.6
	27 Infant mortality	14	4.1	4.1	7.5		♦	0.7
	28 Smoking related deaths	331	325	292	480		• •	172
	29 Suicide rate	28	12.5	8.5				
	30 Under 75 mortality rate: cardiovascula	ar 139	93.8	81.1	144.7			37.4
	31 Under 75 mortality rate: cancer	240	162	146	213			106
	32 Killed and seriously injured on roads	129	54.7	40.5	116.3			11.3

Indicator Notes

1 % people in this area living in 20% most deprived areas in England, 2010 2 % children (under 16) in families receiving means-tested benefits & low income, 2011 3 Crude rate per 1,000 households, 2012/13 4 % key stage 4, 2012/13 5 Recorded violence against the person crimes, crude rate per 1,000 population, 2012/13 6 Crude rate per 1,000 population aged 16-64, 2013 7 % of women who smoke at time of delivery, 2012/13 8 % of all mothers who breastfeed their babies in the first 48hrs after delivery, 2012/13 9 % school children in Year 6 (age 10-11), 2012/13 10 Persons under 18 admitted to hospital due to alcohol-specific conditions, crude rate per 100,000 population, 2010/11 to 2012/13 (pooled) 11 Under-18 conception rate per 1,000 females aged 15-17 (crude rate) 2012 12 % adults aged 18 and over, 2012 13 % adults achieving at least 150 mins physical activity per week, 2012 14 % adults classified as obese, Active People Survey 2012 15 % adults classified as overweight or obese, Active People Survey 2012 16 Directly age standardised rate per 100,000 population, 2012/13 18 The number of admissions involving an alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2012/13 19 Estimated users of opiate and/or crack cocaine aged 15-64, crude rate per 1,000 population, 2010/11 20 % people on GP registers with a recorded diagnosis of diabetes

2012/13 21 Crude rate per 100,000 population, 2010-2012 22 Crude rate per 100,000 population, 2012 (chlamydia screening coverage may influence rate) 23 Directly age and sex standardised rate of emergency admissions, per 100,000 population aged 65 and over, 2012/13 24 Ratio of excess winter deaths (observed winter deaths minus expected deaths based on non-winter deaths) to average non-winter deaths 1.08.09-31.07.12 25 At birth, 2010-2012 26 At birth, 2010-2012 27 Rate per 1,000 live births, 2010-2012 28 Directly age standardised rate per 100,000 population aged 35 and over, 2010-2012 29 Directly age standardised mortality rate from suicide and injury of undetermined intent per 100,000 population, 2010-2012 30 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 31 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 32 Rate per 100,000 population, 2010-2012 "Regional" refers to the former government regions.

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